**Risk Assessment: Stopsley Striders 2022**

| **Date:** | **Assessed by:** | **Location :** | **Review :** |
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| 23 / 12 /21 | T Darby  A Green | Stopsley Striders | 1/12/22 |

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| **What are the Hazards?** | **Who might be harmed and how?** | **What are you already doing?** | **Risk Rating** | **What else can you do to control this risk?** | **Resultant Risk Rating** | **Action by whom** | **Target date** | **Complete** |
| Awareness of policies and procedures | The club and it’s run leaders keep up-to-date with advice issued by, but not limited to, the following:  - England Athletics  - NHS  - Department of Health and Social Care  - Public Health England | Guidance to be published on social media and club members informed via website  Athletes are made aware of the club’s infection control procedures (washing hands, social distancing, hand sanitzer) in relation to coronavirus via group leaders and are informed that they must tell a run leader if they begin to feel unwell during a club session. | H | * Have paper copies available sent to those with no internet. * Remind members to look on websites for updates regularly. | L | Club secretary  Club Chair  Social media admin | Ongoing |  |
| Poor hygiene practice | Poor hygiene may lead to cross contamination when on club runs (gates, stiles etc) | Atheletes encouraged to wash hands regularly (in particular before and after runs)  Carry hand sanitizer on runs for when they come into contact with gates, stiles etc. Personal use only.  The sharing of water and fuel should be discouraged at this stage due to social distancing and potential cross contamination | H | This information should be sent out to all athletes via both our social media platforms and email/letter.  Run leaders should also remind their group of these procedures before they leave for their session. | L | Club secretary  Club Chair  Social media admin | Ongoing |  |
| Ill health | Members may spread the disease if they attend club sessions with any of the key symptoms. | All members are informed of the symptoms of possible coronavirus infection, e.g. a high temperature, persistent or new cough, difficulty in breathing and sudden loss of smell and taste, and are kept up-to-date with national guidance about the signs, symptoms and transmission of coronavirus. | H | This information should be sent out to all athletes via both our social media platforms and email/letter.  Club runners should inform their run leader if they have asthma/hayfever at the beginning of a run so that any ‘Covid’ symtoms can be recognised appropriately. |  | Club secretary  Club Chair  Social media admin | Ongoing |  |
| Spread of infection | Members may spread the disease if they attend club sessions with any of the key symptoms. | Members attending club run sessions are informed of current government guidance and are reminded about good levels of personal hygiene.  Athletes are instructed to cough or sneeze into a tissue to cover their mouths where possible, disposing of the tissue in waste disposal units if there is no tissue to hand then to cough or sneeze into their elbow.  Members are asked to clean their hands after they have coughed or sneezed for a minimum of 20 seconds and with anti-bacterial hand wash/hand sanitzer if out on a run  .  Athletes are informed not to attend club sessions if they show signs of being unwell.  Athletes are informed not to attend club sessions if they believe they have been exposed to coronavirus.  Athletes who have displayed symptoms of coronavirus must self-isolate as per the current government guidance. | H | This information should be sent out to all athletes via both our social media platforms and email/letter. |  | Club secretary  Club Chair  Social media admin | Ongoing |  |
| Emergencies | Unable to contact next of kin should a runner become suddenly unwell | All runners’ emergency contact details are up-to-date, including alternative emergency contact details, where required.  Next of kin contacted as soon as practicable in the event of an emergency.  Runners’ alternative contacts are called where their primary emergency contact cannot be contacted. | H | This information should be sent out to all athletes both via our social media platforms and via email/letter.  Club membership team to check contact details are up to date. |  | Club secretary  Club membership team | Ongoing |  |

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| Inspire Sports Village Club Nights inc. Coached Sessions | Slippage/Collision/Athlete  Injury  Weather  Local Obstacles/Hazards | Club runners briefing at beginning of club nights  All runners encouraged to run in groups  All runners encouraged to wear adequate appropriate clothing suitable for activities  For coached sessions all runners carry out a warm up and warm down  Coaches brief athletes of any hazards for session  All running groups ensure that all runners in group return safely to Inspire Sports Village  Athlete attendance reported on Spond |  | All club runners to have ICE card with them at club nights  Coaches to check that all runners have ICE cards for Track Sessions |  | Club Committee and Club Coaches | Ongoing |  |
| Stockwood Park Track Sessions | Slippage/Collision/Athlete Injury  Weather  Lighting | Runner briefing of track etiquette  Club train when dark with floodlights  Club report any issues of damaged track to track staff  All runners are provided with warm up and warm down  All runners are encouraged to wear adequate clothing  All attendees are registered on Spond | M | Ensure all runners bring ICE cards with them to track sessions.  Ensure track etiquette is included in each session briefing | L | Club Coaches | Ongoing |  |
| Incidents/ Accidents | Accident: An event that results in injury or ill health  Incident: an event not causing harm, but has the potential to cause injury or ill health  Covid-19 – Circumstances where an individual developed Covid-19 symptoms  Fatality – An event that results in death | All club events on Mondays and Thursdays are attended by a coach and/or committee member. All incidents are reported to these people. | H | All incidents are reported and a UKA form will be completed where appropriate to record all incidents.  [Online Health and Safety Incident Reporting | UK Athletics](https://www.uka.org.uk/governance/health-safety/online-accident-incident-report-form/) | L | Commitee | Ongoing |  |