**Committee Minutes – 15th September**

Attendees: Zena, Maria, Kate, Shaun, Andy, Martin, Thom, Claire, Evelyn, Hilary

Apologies: Charles, Nadia, Estelle, Ruth

Reports (as necessary)

* + Chair
  + Secretary
* 12 people joined in August
* 4 more have the form and 2 at payment stage
* Secretary – 2 roles going forward:

1. Club Secretary – inc awards night prep, meetings/minutes
2. Membership Secretary – end to end. New members mailbox and FB messenger, to handing out vests. Plus membership renewals, resignations.

* Plus a coaches liaison
* Confirmed we will formally resign all non-renewed members and long term half joined.
  + Treasurer
    - No track invoice for last month but otherwise up to date.
    - RACE income 2896.46, expenditure 1959.56
    - Race funds used to support other club activities – awards night, XC, etc
    - Account now back up to pre covid amounts so club more secure
  + Captains Run Report

We began August with Gary Fowler from Prague presenting Martin Ball with a running t-shirt from Gary’s Old Town Running Club in Prague. Martin had run with the club on a couple of occasions when he was visiting to complete in the Prague Marathon. Such a lovely gesture making links with our club.

On Sunday 7th August we held our club 5 and 10 mile race. It was a very hot day for running and everyone did so well in the heat. A big thank you goes to everyone who organised, marshalled or helped out in any way. The race would not have happened if it hadn’t have been for you guys giving your time so freely. The 10 mile race was won by our own Rob Barnes in 1.03.13. We had 6 Striders in the top 11 which is amazing. Lucy Treleaven was the 1st woman in the 10 mile with a brilliant time of 1.19.02 and Charley Snowden was 2nd with a time of 1.24.12.

5 Striders took part in the St.Albans 10k on 14th. Well done to Claire B, Dawn K, Leigh B, Nick B and Valerie D. It was a hot one! Well done to Claire for carrying on after she fell at 5k.

Tom Rankin raced the train in Wales on 20th Aug. He raised £127 for our charity Hospice at Home. Katicia was able to ride on the train which Tom tried to beat. Unfortunately he was narrowly beaten by the train on this occasion but what a great run over some tricky terrain. Well done Tom and thank you to all you lovely people who sponsored him. Theresa Gunnell guessed the closest time.

On the same day, Amanda Rankin completed in the Ciderthon Half Marathon which included 12 cider stations, food and music. Sounds like a good day out!

On 21st Peta Henry ran a half marathon in Iceland. I wonder if Peta was the first Strider home. Great running.

On 25th August we held our annual Alf Brown Handicap race. It was a fun night and was won this year by Lance Richardson who is doing well getting back into running. Well done to Lance and everyone who took part. It was great to have support too and thanks to the people who gave their time to marshal and time keep. Tom Rankin completed the lap in the fastest time narrowly beating Kallum Wright by 1 second. The evening finished with a few jars in the Barrels.

Shaun Mutter completed in the Ridgeway Challenge on 27th August. He raced 86 miles from Tring to Swindon in 23 hours 42 minutes. This is just crazy but what amazing effort and determination. Really well-done Shaun.

Kate Neale was the first Strider home in the Antrim Coast half Marathon on 28th. Great running Kate.

Slightly nearer to home Maria P, Claire B and Theresa G ran in the Kimbolton Castle half marathon on the same day. Well done ladies.

Please could everyone record their race on our website.

Well done to everyone who has ran during August as the weather has been very warm which has made running even harder than usual.

* + - Strider of the Month (SOTM) – August
      * Nadia – for the club race
      * Lance – Efforts with his return to running.
  + Charity
    - £1750.
    - 3 events left.
      * Fish and chips/December
      * 100k Challenge
      * 5k Treasure hunt
* Celebrating the Positive/Anything to learn
  + 5 mins review of Trail Race
    - Lots of positive feedback. Costs covered and raised some money to support club.
    - Improvement – could the 10 mile race has 2 different laps, or even a single lap 10 mile. Shaun would be happy to help map this.
    - Need means of communication between the marshals and perhaps a contacts lanyard.
    - Review the option of putting the age category awards back in.
  + 5 mins review of Alf Brown
    - All positive. Lovely club event. Great at getting people back together.
* AGM
  + Website role: Evelyn can continue, but if someone else wants to or wants to share then happy. Goes to new committee
  + 21 days notice has to be given.
  + Nominations to club secretary 14 days before
  + Thursday 10th November – Claire to contact CGSS. AGM from19:00 meeting formally starts at 19:30. Social afterwards. Pot luck buffet.
  + Coach liaison to go forward for approval.
  + New club president needed. (3 year term). Suggestion to bring this down to a year. Need more details in the rules about how this role is chosen. Current president can nominate. Committee and members can also nominate. Committee choose nominations to go to agm. Also propose that the term is changed to 1 year with a term up to 3 years. This will before the next round, as president has handed on the presidency already.
  + Vice presidents – long standing members who have offered a lot to the club. Used as a sounding board/utilise their experience. Affiliation paid.
  + Going to need some new committee members so we need to promote a bit
  + Thom will be available to support new chair. And to look at options for anything else that can be passed on.
* XC
  + 15th January
  + Need update from Charles.
* Stopsley Challenge
  + Do we want to put this back on the list. Yes.
  + Need a date. Consider dates of Gade (last Sunday of the Month), 3rd week in Feb?
* Christmas Party
  + Claire looking at this.
* Kit Update
  + Kit now on its way.
  + Martin to talk to them about how soon we can move to direct ordering.
  + Martin to get option for Jackets.
  + Kids kit – may need wording for support crew.
* Date for next meeting
* AOB/Burning issues
  + ICE Cards
  + Inspire have confirmed that they are closed on the 19/09 and so have cancelled our booking.
  + Run Leader Development (inc costs)
  + Membership: Social membership (for those not coming to club nights), Couples discount. Something for committee to look at in the future.
  + Notices – how we ensure these are done
  + Would we like to bring John O’Callaghan 5mile (was part of the Luton Series)? Something to think about.
  + Claire: Club invest in a coffee van. Looking at costings
  + Martin: Gary Fowler run suggestion. OK for that to be put out to members.